

E

A COMPLETE COURSE
of
LESSONS EMBRACING

HINDOO AND ORIENTAL --- --- METHODS

IN

*Telepathy, Hypnotism, Personal Magnetism,
Magnetic Healing, Personal Influence.*

The Yogi Magnetic Pipe

*And the Art of Demonstrating the Wonders
of Oriental Occultism.*

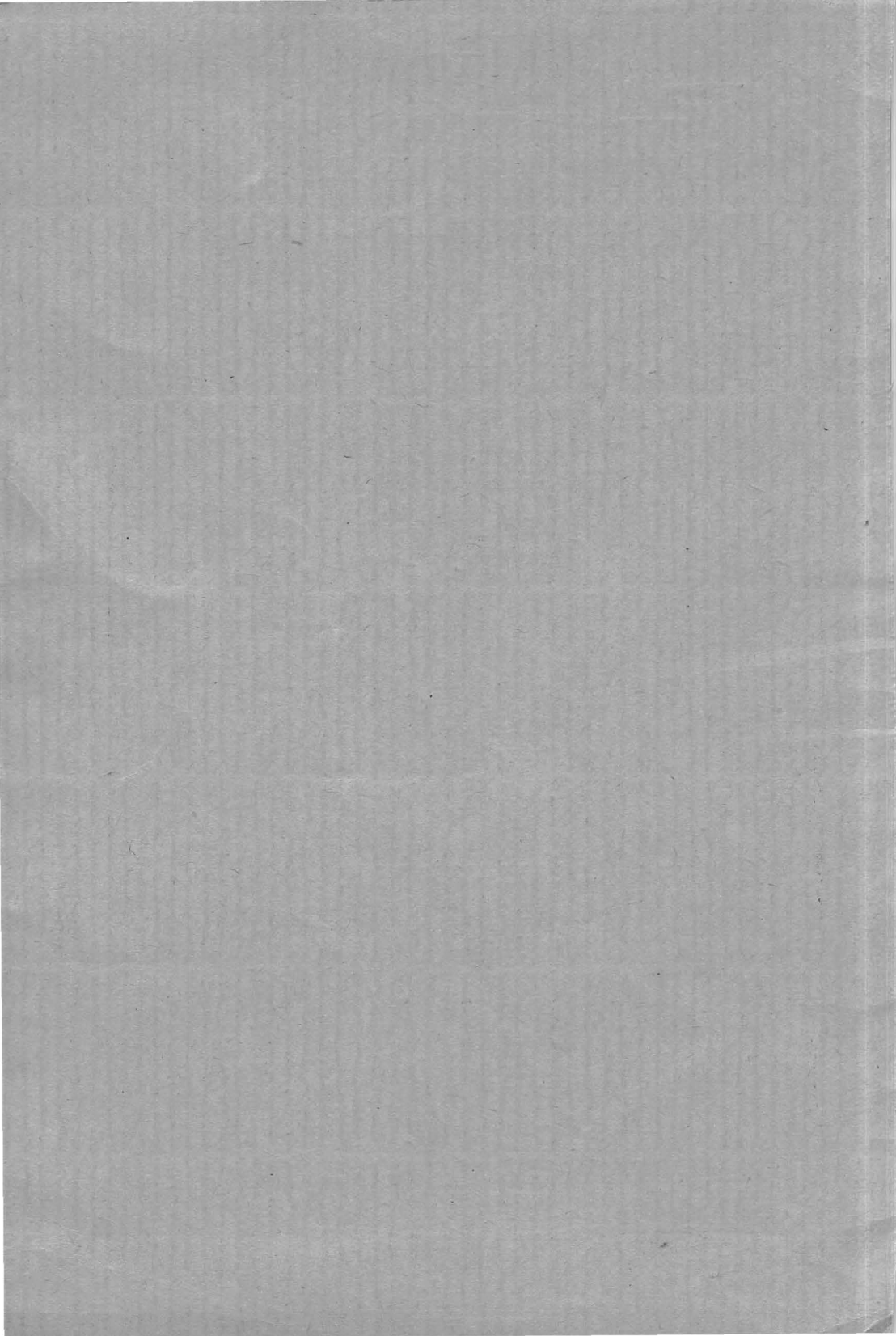
BY

MAHARAJAH



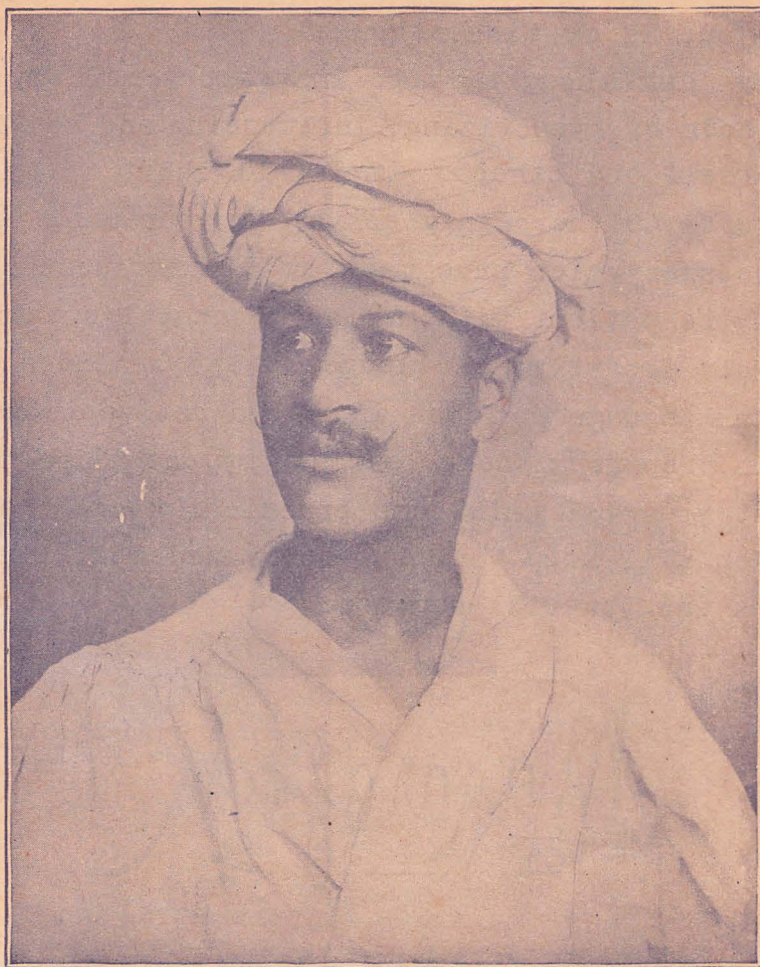
Copyrighted 1904 by

Metropolitan Institute of Sciences
126 West Thirty-Fourth Street
NEW YORK, U. S. A.



Maharajah ORIENTAL
HYPNOTIST

One of the Wonders from the Old World.



"My Success depends upon my making others successful."

Maharajah.
S... → H--

PREFACE

Greetings and success, health and prosperity to you, is my first thought.

My next thought is to instruct you in my methods of hypnotizing, influencing and healing yourself and others. If I fall short in my efforts to thoroughly convey to your mind the processes which have made my work a success, pray be patient with me, as I cannot so thoroughly impart my knowledge of the sciences in your language as I can in my own native tongue.

In preparing these lessons, my one desire is, that you will gain some practical knowledge which will help you physically and mentally. Work and you will succeed.

Maharajah

WHAT IS A HINDOO?

He is an inhabitant of India. Properly, one of that native race in India descended from the Aryan conquerors. Their purest representatives belong to the two great historic castes of Brahmans and Rajputs. Many of the non-Aryan inhabitants, of India have been largely Hinduized.

The Hindus speak various dialects derived from Sanskrit, as Hindi, Hindustani, Bengali, Marathi, etc.

AN ADEPT.

An adept is one who delves down into the hidden mysteries of the human mind. He generally dwells in strict seclusion in the forests of India, in rude huts and caves. The wilderness and the lonely region north of Kashmere are thickly populated with adepts and recluses. The Hindoos are much older in the study of mental culture than the people of the western world. They have devoted centuries to investigation into the realm of the minds hidden forces. They are far in advance of the western people in mastering the mind and will, making possible many strange and wonderful phenomena through self control. Through a system of gazing upon a fixed point for a certain period, they induce a dormant condition of the objective mind, in which state they are capable of projecting thoughts over a tremendous space, even thousands of miles away.

METHODS OF INDUCING AUTO-HYPOPSIS AND PASSIVE CONDITIONS.

I will describe various methods of inducing that passive mental condition through which you can project your thoughts influence people at a distance and unravel the mysterious workings of the mind.

I have known many adepts in Calcutta who could call their disciples from a distance, through concentrating the mind. The method through which this condition is induced, was employed for years and dates back to time immemorial. "'Budah'", or Prince Sidartha, who was the first prominent Oriental figure in hypnotism, is noted for his silent repose under the famous Baob tree. He gazed at a fixed point in his lap for a period of two weeks, in order to accomplish a desired result.

HOW TO CONCENTRATE.

Sit in recumbent position, in an easy chair and fix the gaze upon some point in your lap. Make up your mind that you will allow nothing to disturb you. Continue to gaze at the fixed point until you notice a drowsiness or passive condition of the objective mind. In order to develop concentration, you should gaze for fifteen or twenty minutes each treatment. The Hindoos gaze much longer, for hours at a time.

Practice will enable you to develop a good condition, in ten minutes time.

Before sitting for the developing of concentration, it is well to repeat the mystic word used by the hindoo adepts. "'Om'" or "'Khepra'". Repeat either of these words from 50 to 100 times in a low tone of voice. Some get better results with "'Om,'" others prefer to use the word "'Khepra'". (Pronounce Kep-ra). This invites monotony.

Many Hindoos repeat the word as many as ten thousand times before sitting for the development of concentration, especially before trying to influence a person at a distance. They feel



that this prepares them to enter into the proper state. It helps them to enter a half sleepy condition through which they dispense with the use of the objective mind, thus making it possible to use the inner force, the subjective mind.

USING THE SUBJECTIVE MIND.

When the proper condition of self induced sub-consciousness is apparent, it is possible to both receive and send mental messages or influence. The Hindoos, while in this sub-conscious condition, accomplish and do many marvelous things.

When an adept wishes to influence a subject into leaving the country, he repeats the mystic word twenty-five thousand times, before concentrating his mind upon the intended victim. This is called, "'Ucchatana'"

The method through which an enemy is balked in his intentions to do harm, is called "'Stambhana'". Through repeating the favorite mystic word several thousand times and by concentrating the mind; the movements of enemies are obstructed. Sometimes an enemy is rendered speechless, his will paralyzed or his intellect overcome.

A powerful operator (one who can concentrate well, and who has a strong determination and patience to count and concentrate), can accomplish many remarkable feats.

The minds of lovers have been separated, their affections alienated and misery brought upon them. This is called "'Bidwesana'".

Many Hindu hypnotists (I call them "'Hypnotist'") have great self-confidence. Sometimes one will sit with his gaze fixed upon a point in in his lap, or on the ground, with his mind composed and inaudibly repeat the mystic word twenty thousand times before trying to influence his subject. Then he suddenly projects his thoughts

to a distant place by mentioning the name of the subject aloud. What he desires the subject to do is continually kept in mind during the process.

Many beliefs are rife among the Hindoo Hypnotists. Some believe that by tying the roots of certain plants (''Punurnaba'' and ''Rudradanti'' and a grain of barley) upon the wrist at the same time repeating the words. ''Om, Aing, Puram'', that it gives them power over the lives and minds of others.

If you wish to secretly win the heart of a woman, by the Hindu method, drink seven sips of magnetized water in the morning, after uttering the mystic words, ''Om, Namab, Khepra, Karmani, Aimnkim Me Basamanaya Swaha''.

In order to magnetize water, fill a glass and place a handkerchief over the top, then place your mouth on the handkerchief and blow warm breath through the handkerchief into the water three times.

The Hindus have full confidence in their system and attribute their power to well trained powers of concentration.

Through the Hindoo methods of operating, magnetic currents are sent hundreds of miles through space, sometimes to heal and for the good of a sufferer and sometimes to wreck evil and vengeance.

A certain sect, the ''Tantricks,'' project a mighty current of thought or magnetism through space and in most cases have a powerful control over the minds and bodies of their subjects.

HINDOO METHODS OF HEALING.

The method through which diseases are cured is called ''Jhar and Phoonk''. In the West you call it Magnetic Healing. The Hindus use passes, hot breaths and mesmerized objects. Some Hindu healers are known for their exceptional powers and patients flock to them from far and near, after other methods have failed to cure them.



They place a handkerchief over the seat of the disease or pain and by blowing hot breath several times through the handkerchief into the flesh, they remove the pain and drive out the disease.

This is also practised in America to a great extent with seemingly wonderful results.

Another method is to magnetize water and use it on the patient by dipping the ends of the fingers into the water and making downward passes over the seat of the disease or pain.

Allowing the patient to gaze at a glass of magnetized water is considered helpful.

Many American clairvoyants magnetize water and gaze into it until they receive an inspiration.

Deep breathing is considered helpful in restoring health, and the operator should advise his patient to take in several deep breaths before and after each treatment.

In self treatment a system of concentration should be practised so as to develop a powerful will and subjective control over the organs and functions of the body.

PRODUCING HALLUCINATIONS.

The Hindoo adepts are noted for making their subjects see things where none exist. Their methods of producing hallucinations is different from the western methods of Hypnotism. They do not find it necessary in a great many cases to first hypnotize the subject before giving suggestions, as is the case with American Hypnotists.

One of the methods used with good results (the Hindoo method) is to stand before your subject and revolve a silk handkerchief in your hands for several minutes, all the time gazing steadily at your subject between his eyes.



He will become fascinated, as it were, and you will soon get him into a state of fixed concentration. The fact that the subject expects you to make him see something, largely plays upon his imagination and makes him susceptible to the suggestion when it is given.

After he has gazed at you for several minutes, while you are turning the handkerchief, suddenly stop and say, "see that elephant over there" "you see it, don't you"! You must be positive and continue to tell him he sees the elephant. If the hallucination is produced, he will say, "yes" and act as though he sees it. In all cases where hallucinations are produced, be sure to wave the handkerchief at the subject and tell him "It has gone," thus removing the influence. Most any hallucination can be produced by this method in good subjects.

Some very interesting tales of work done by the adepts in India, are told by American tourists.

One was of an operator who attended a meeting held by a society of merchants, in a large hall. The operator made a wager with one of the wealthy men present, that he could actually make a young man grow old before the eyes of all present. His wager was immediately accepted and he proceeded with the test. He placed the young subject in the middle of the hall and began to articulate his mystic words, all the time walking around his subject and revolving a handkerchief. And strange to say, in several minutes the audience began to comment upon how old the subject was growing. It was not long before all present declared that the young man had grown a long white beard, they laughed and expressed amazement at the wonderful change. When all present were convinced that they actually saw the young subject become an old, gray-haired, feeble man, the operator collected the wager and led the subject to the door and passed him out in the darkness of the night.

When the operator had done this he returned, waved his handkerchief at the audience and told them the subject had gone. The audience had been hypnotized and tricked, the hallucination was perfect.

Another is related by an American traveler, who gave some of his experiences in the Columns of the Arena. He had asked an adept how he did his wonderful work and the adept replied that there was nothing material in existence, that everything the traveler saw was in his mind's eye and not a reality. The traveler replying said, "This is indeed a revelation to me. Do you mean to say that those eternal hills and the fertile plains beyond have no existence, except in my mind?" "Those eternal hills," replied the adept, as he gave me a singular look and waved his hand, "where are they now?" And as I turned my gaze from the adept's eyes in the direction of the snow-clad Himalayas, I was amazed to find myself gazing upon vacancy. The eternal hills and fertile plains had vanished into thin air and nothing was before me but a vast expanse of space. Even the solid rock beneath our feet seemed to have disappeared, although I felt as treading some invisible ground. The sensation was weird in the extreme and the illusion lasted fully eight or ten minutes, when suddenly the outlines of the hills came faintly to view again, and before many seconds, the landscape had arisen to its former reality. "This is nothing but a wonderful case of hypnotic influence." I thought when Coomra Swami exclaimed: "Hypnotic influence; Yes and no. The phenomena of what you call hypnotism have their explanation in the fact that if some one with a knowledge of this occult power can alter your mind in any given direction, the world as a matter of course, will alter with it. And here we come back to the eternal truth, that your so-called world after all is Maya or illusion which I hope you have grasped now and forever."

CLAIRVOYANT TESTS.

Some Hindoo Clairvoyants, when giving a sitting, seat themselves in the center of a circle, composed of a number of persons. These persons chant his name in an undertone until the medium falls asleep, or in a condition where the objective mind has been lulled to sleep through the monotony produced by the chanting and through his concentration. When this condition is apparent, questions are put to him and while in this clairvoyant or hypnotic condition, he answers some wonderful questions and problems.

If you wish to give a sitting, gaze at the tip of your nose and repeat the mystic word "'Om'" until you notice a drowsiness stealing over you. Arrange with your party beforehand to ask you questions when you have ceased to repeat the word "'Om.'" You will find that in five or ten minutes, you will have induced a drowsy state and feel a desire to quit repeating the word "'Om.'" In some cases, it takes fifteen minutes and longer, and if you are mediumistic, you will unconsciously cease the chanting in fifteen or twenty minutes. If the proper trance state is induced, the medium will unconsciously answer any questions asked.

Self induced sleep will in all cases wear off. There is no danger from it, if you have your mind thoroughly made up beforehand, that you are only going to sleep for a few minutes. Nature would in the course of a few hours bring you back to normal condition, if you failed to awaken at a final fixed period.

USING THE YOGI MAGNETIC PIPE.

I have found this system extremely efficacious in curing diseases and in producing the hypnotic sleep. The Yogi pipe is used by the

operator in the treatment of diseases and in placing a subject quickly into a deep sleep. I sell these pipes for fifty cents each by mail, to any part of the United States. Seventy-five cents to foreign countries. Eight cents extra if sent by registered mail.

The bowl of the pipe is placed between the lips of the operator and by blowing a fine, pointed current of magnetic air on the forehead of a subject, between his eyebrows, will cause him to go into a hypnotic sleep. After he is placed in the sleeping condition, he will do as the operator requests him to do.

I have often put a person to sleep by blowing a magnetic current of air, through the pipe on the base of the brain of the subject.

In using the Yogi pipe a mild current of air should be used. One can become expert in using the pipe by a careful system of breathing. Learn to inhale slowly through the nostrils and to expell the air from the lungs slowly through the pipe. Never inhale through the pipe as it is better to inhale fresh air through the nostrils.

YOGI PIPE TREATMENT.

You can treat and cure others of most every disease or weakness through the use of the Yogi Pipe. If the patient is suffering with a pain in any portion of the body, blow the magnetic current through the pipe directly over the seat of the pain for several minutes. Hold the stem of the pipe about a quarter of an inch away from the part being treated.

If the person being treated suffers from a weak heart, blow the air currents around and over the region of the heart. The same with the lungs or any of the internal organs.

It has done wonders in the treatment of weak eyes, deafness and troubles in the head.



In all treatments the pipe should be kept about a quarter of an inch away from the part being treated.

SELF TREATMENT WITH THE YOGI PIPE.

The Yogi Magnetic Pipe has a long flexible stem, enabling the operator to treat himself in any part of the body. The bowl of the pipe being held between the teeth and lips while the point of the long stem is guided by the hands, over the seat of the pain, disease or weakened organs. Very often a patient can cure himself of the most obstinate disease or weakness, by blowing magnetic breaths through the pipe, over the seat of the trouble.

In all cases the operator should inhale as deeply as possible through the nose, filling the lungs with fresh air, before blowing the same through the pipe.

Excellent results are obtained where the patient secures someone, with good health and plenty of vitality, to blow through the pipe, over the seat of the disease or weakened organs. The process does not weaken the operator in the least, and cannot help but establish in the sufferer, a magnetic force that paralyzes the germs of disease; that restores magnetic vibrations to a weakened or depleted organism and brings about a harmonious action of the physical and mental functions.

Those who desire to purchase a "Yogi Magnetic Pipe" can secure one by sending order to the Metropolitan Institute of Science. Address as follows:

Métropolitan Institute of Science,
126 West 34th St., New York, N. Y.

Gentlemen:-Enclosed find

For which kindly send me one Yogi Magnetic Pipe. It is understood that you are to send same by mail, prepaid. (Price 50 cents in United States, 75 cents to all foreign countries.)

NOTE. Remit by P. O. Order, Registered letter or Express order. Twenty-five two cent American stamps will be accepted. We will not be responsible for cash sent by mail without being registered. Do not send foreign stamps, foreign currency or personal checks.

CONCLUSION.

I have not attempted in this course of instruction, to give methods of producing the different tests made possible through hypnotism. I feel that this field has been thoroughly covered by Prof. McIntyre, in his course of instruction and any attempt of mine or anyone else, to give methods in the science of which he is master, would prove unsatisfactory beside the quick and wonderful systems which he has formulated and which are considered the most standard and practical methods of operating known.

In conclusion, I would say, that if at any time I can be of service to any student, a letter will always reach me, if sent to the Metropolitan Institute of Science.

Wishing you success and hoping that the helpful vibrations of the mystic circle, the good will and magnetic thoughts as expressed in my lessons, will be the means of leading you into a more healthful, successful life,

I wish to remain,

Yours sincerely,

Maharajah.

Tear out this sheet,

ORDER BLANK

For The Hindoo Yogi: Magnetic Pipe

Prof. F. T. McIntyre, 126 West 34th St., New York, N. Y.

Dear Sir: Enclosed please find \$_____ (50c, domestic) (75c, foreign)
for which kindly send by mail, postage paid, one Yogi Magnetic Pipe.

WRITE
PLAINLY

Name _____
Street and No. _____
City or Town _____
State _____

NOTE: Kindly remit by Post Office money order, Express money order, Registered letter or Bank Draft. Do not send stamps or personal checks. Be sure that the Money Order is placed in the envelope with this order blank, seal it well and write your name and address on the corner or back of envelope.

